

July 2010

Hello Ladies!



Oh my goodness – what a hot and humid July we’re having here! What’s it like where you live? Fortunately I live on Lake Huron and a 10 minute drive gets me to the beach and into the cooling water. A number of my friends have backyard pools as well and it’s been fun to join them in it.

I promised a newsletter in early July but this is just a quickie - since in only one week I’ll be leaving to attend the Triennial Women’s Conference in Washington, D.C. I think it’ll be much more interesting to write to you after I get back. I’ll pictures to put up on the web and lots to tell, I’m sure. It’s my first Triennial I’m very much looking forward to all there’s in store. About 20 – 25 Canadians are attending – we will meet over brunch on Friday morning of the Event. All in all – 950 women are registered.

Many of you are very involved in planting and harvesting, aren’t you? Being a city dweller – I go buy my fruit and veggies at Farmer’s markets and enjoy! We’ve been through strawberry season – I did up 12 recipes of freezer jam (my arms nearly fell off from all that diligent stirring ☺) Now the cherries are on... which reminds me – Erickson Covenant Church has received a Grant from WM to purchase a cherry pitter and a few other items to help in their community kitchen where they share recipes and teach skills to can and freeze the bounty of the harvests. Women from the community are invited to join and conversation turns to all aspects of each person’s journey – and the ladies are able to share the difference God makes in their lives. Hats off to your loving efforts, Ladies!

Canada offers such rich harvests!!! We are so blessed!



God grows and prunes special fruit in us as well – throughout the seasons of our life... I love to remember that...

“the fruit of the Spirit is LOVE, JOY, PEACE, PATIENCE, KINDNESS, GOODNESS, FAITHFULNESS, GENTLENESS AND SELF-CONTROL...”

My prayer is that you might enjoy these fruits in your life in a growing, satisfying, life enriching way...

Talk to you after Triennial,

Trudy McIntosh